

HERITAGE CUP RULES:

1. Age Divisions:

U12 – 12 year olds & under – co-ed (Minimum 2 girls and 2 boys on field at all times)

Age is determined as of August 1st. No exceptions. Proof may be required. Ex. Child turns 13 on August 3rd. This child would be able to play in the tournament. Children may move up an age division, when necessary, but not down.

2. Field Sizes:

U12 – 50 yds. x 70 yds. – preferable

3. Field Markings:

Markings should conform to U.S.S.F. standards

1. Center circle with 6 yd. radius.
2. U12 – Goalie areas 8 yds. from each post and 10 yds. into field of play.
3. Opposing player shall stand no closer than 6 yds. to the ball on goal kicks, corner kicks, and indirect kicks

4. Size of Goals:

U12 – 6ft. x 12 ft. minimum, 7 ft. x 18ft. maximum

5. Number of Players:

U12 – 7 players

6. Equipment:

Size of Balls:

U12 – Size 5

Shinguards are required. (Socks over exposed pads).

7. Length of Games (Time is kept by referee):

U12 – (2) 30 minute halves

There shall be a 10 minute break at the half. Time runs continuously, with exception – Time may be added on by the referee in any period for all time lost through the transport from the field of an injured player or time wasted, ie. after a goal. The amount of time shall be at the discretion of the referee. If a game ends in a tie, there shall be NO overtime. A shootout will be conducted to determine the winner.

8. Fouls:

1. ABSOLUTELY NO SLIDE TACKLING:

2. Co-Ed (Minimum 2 girls and 2 boys on field at all times):

Failure to Comply (Per Game):

1st Offense: Warning from Referee

2nd & Up Offense: Penalty Kick

3. All other rules not stated in this document will conform to U.S.S.F. rules.

9. Referees:

Referees will be provided by the tournament committee. One referee per game. Exception: Championship game: 2 referees
Coaches and Parents: Remember that referees are volunteers, not paid officials.

10. Goalies:

Must wear color totally different from teammates.

10 seconds allowed after gaining control of the ball.

No intentional back passes to goalie.